

## ESSENTIAL PROGRAM REQUIREMENTS FOR NON-DISTANCE PROGRAMS

The following are the Essential Program Requirements (Technical Standards) for students enrolled at Riverside College of Health Sciences non-distance programs. The ability to meet all the requirements, with or without accommodation, is necessary to be able to demonstrate clinical competency and to meet program outcomes required for graduation. Examples listed below are not intended to be all inclusive.

*For information regarding accommodations, please contact Accommodation and Accessibility Services at 757-240-2203.*

<b>Intact gross and fine motor skills; precise hand/eye coordination and dexterity. Able to discriminate tactile sensations.</b> <i>(Examples may include manipulating medical instruments and supplies; demonstrating assigned clinical skills)</i>
<b>Clear speech.</b> <i>(Examples may include crisp enunciation, appropriate tone and volume; able to communicate effectively to minimize misunderstandings)</i>
<b>Congruent verbal/nonverbal behavior; emotional stability; cooperative; no signs of impaired judgment.</b> <i>(Examples may include relaxed facial expression, calm demeanor, even-tempered, self-confident; able to maintain eye contact, cope with stress, make informed decisions)</i>
<b>Able to walk, bend, stoop, kneel, stand, twist, sit, carry, lift, reach hands overhead.</b> <i>(Examples may include performing CPR; moving immobile patients; carrying supplies and equipment)</i> <b>Able to evacuate a 4-story building in less than 3 minutes.</b>
<b>Able to sit and stand long periods of time.</b> <i>(Examples may include 4-7 hours in class; 8 hours in clinical)</i>
<b>Able to pull 75 lbs; lift 35 lbs; push 100 lbs.</b> <i>(Examples may include transferring a patient from bed to stretcher, lifting a patient; pushing a wheelchair or gurney)</i>
<b>Able to travel independently to clinical sites as assigned.</b>
<b>Intact short and long-term memory.</b> <i>(Examples may include learning theoretical course material and skills and retaining it from semester to semester)</i>
<b>Visual color discrimination and depth perception; near and far vision 20/20 (may be corrected with lenses).</b> <i>(Examples may include distinguishing changes in skin color, reading fine print, e.g., expiration dates on medication labels)</i>
<b>Able to hear and discriminate alarms (may be corrected with hearing aid).</b> <i>(Examples may include recognizing and responding to equipment alarms, fire alarms, emergency alerts; able to respond to verbal instructions)</i>
<b>Able to detect odors sufficient to maintain environmental safety.</b> <i>(Examples may include smoke and noxious odors)</i>
<b>Able to follow safety precaution instructions related to frequent exposure to electricity, electromagnetic fields, electronic media, and latex; chemical hazards including but not limited to disinfecting solutions, dyes, acetone, bleach, and alcohol.</b>
<b>Able to follow safety precaution instructions related to possible exposure to toxic drugs; anesthetic gases; ionizing radiation; infectious agents (blood, urine, mucus, saliva, etc.)</b>
<b><u>MEDICATION MANAGEMENT</u></b> The use of medication or other substances that may cause drowsiness or otherwise impair mental or physical functioning, whether prescribed, over the counter, or obtained illegally, is prohibited during class, laboratory, and clinical experiences because of the potential safety hazards to patients, co-workers, and self.